



INFORMED CONSENT FORM

Treatment and Medication History Consent and Patient Acknowledgement of the Notice of Privacy Practices and Consent to Use and Disclose Health Information

I consent to all necessary steps taken for examination, diagnosis and treatment. If at any time I have questions about my examination, diagnosis or treatment, I will not proceed until my questions have been answered so that I am fully informed. I understand that giving the providers all relevant information is important for my proper diagnosis and treatment. I understand complete compliance with my provider's instructions is critical to the success of any treatment prescribed.

I acknowledge that I was provided with a copy of the Coze Health Medical Notice of Privacy Practices regarding uses and disclosure of information regarding me and my health ("Health Information"). I hereby consent to the use and disclosure of my health information, for the purposes and activities permitted under the federal privacy and state privacy laws, which are described in the Coze Health Medical Notice of Privacy Practices.

I specifically authorize the release, to the fullest extent permitted by law, for treatment, payment or operations purposes as described in the Notice of Privacy Practices, of information regarding the results of any HIV/AIDS testing or treatment, mental health treatment and substance abuse treatment.

I authorize Coze Health Medical LLC to release information to my health plan or to a health and wellness provider approved by my health plan for purposes of advising me concerning appropriate measures to maintain or improve my health or any condition reflected in my records.

I authorize Coze Health Medical LLC to release information to my designated insurance plan for the purpose of health plan administration, including receiving or making payment for services rendered on my behalf. I understand a patient is responsible for all charges incurred, subject to contract and program rules, regardless of my insurance status. If it becomes necessary to send this account to collections, the patient will be responsible for all additional charges.

I authorize Coze Health Medical LLC to communicate via e-mail and text messaging regarding appointment reminders and other reminders or notifications regarding available documents or messages on the patient portal.

I have read and do understand the above information.

Patient Name

Date

Patient Signature

Informed Consent Delegating Physician/Provider and Delegatee Performing Medical Services

The delegating physician/provider is delegating the following services and is accountable for the performance of these services by the delegatee. Counseling and patient education related to therapeutic lifestyle changes including:

1. Perform initial and serial follow up Vitals and/or anthropometry
2. Perform initial and serial follow up bioimpedence measurements
3. Assessment/review of a lifestyle-associated health history
4. Review and serial follow up of a symptom based health assessment
5. Provide patient education regarding Physician's instructions, lab values, etc
6. Diet/Menu plan counseling and monitoring
7. Exercise/activity plan counseling and monitoring
8. Therapeutic nutritional protocol implementation and monitoring
9. Stress management counseling and monitoring
10. Sleep/recuperation/restoration counseling and monitoring
11. Keeping detailed medical chart records of all counseling/services performed

These delegated medical services are specific and detailed per physician/provider approved, evidence based protocols. I understand my Coze Health Medical physician/provider is delegating therapeutic lifestyle changes to a lifestyle educator and agree to receive services from the delegatee.

An Explanation of Our Financial Policy

As doctors and staff, we are passionate about what we do, and we feel that we have a calling to provide as many people as possible with the highest quality natural health care possible. Just as our services are unique to this region, our financial policies set us apart from mainstream medicine. We have prepared this handout to answer questions you or your family members may have about the rationale for our financial policies. If, after reading this, you still have questions, feel free to speak with our staff.

About Insurance Assignment: Hybrid

We accept most health insurance plans. Health insurance companies require that doctors become participating providers. The doctors must sign a contract that allows the insurance company to determine which services they will and will not provide and how much they can charge for those services. This is useful for patients who seek treatment covered by insurance plans. We are committed to a lifestyle medicine model that addresses the underlying causes of your symptoms with specific nutritional and lifestyle recommendations. Therefore, some services, labs, or fees will not be covered by insurance.

Why Our Doctors Must Charge for Your Follow-up Consultations

Some patients have asked why we charge for follow-up consultations regarding lab results and exams, as well as for telephone consultations, when other doctors do not. Our doctors are not salaried, as are doctors who are employed in large clinics and hospitals and whose salaries are partially subsidized by expensive diagnostic and surgical procedures and hospital fees. Our doctors' pay is based solely on the time and services they provide. Like all non-salaried professionals, including lawyers and accountants, our doctors must charge for their time so we

can afford to provide you with care and remain in business. In general, we charge only for our face-to-face time with you. Our doctors spend considerable non-reimbursed time each week consulting with each other (and other providers) regarding your care, reviewing your records, and meeting with staff to improve the quality of our services. In follow-up visits, our doctors spend significant time discussing your results with you. For example, it is relatively simple to inform a patient that her mammogram is negative; but it is entirely different to discuss the results of more complex functional evaluations and to recommend practical lifestyle and dietary strategies that may help to prevent breast cancer. We want you to understand that preventive health care takes considerable time and expertise on the part of the doctor.

Why We Sell Nutritional Supplements and How We Price Them

We recommend nutritional supplements as an adjunct to dietary and lifestyle modification. This approach is central to the well-researched and science-based practice of functional medicine, which all of our professional staff have studied. We sell therapeutic, quality nutritional supplements as a service to our patients. With a few exceptions, we do not sell nutritional products of similar quality to those that are widely available over the counter. We purchase high-quality nutritional products from the top nutritional research laboratories in North America and Great Britain, and we price them to cover our costs of providing them. However, we keep our markups as low as possible, and we intentionally do not profit from the sale of nutritional products.

Selling Nutritional and Herbal Supplements

According to the Federal Food, Drug, and Cosmetic Act, as amended, Section 201(g)(1), the term drug is defined as an “article intended for use in the diagnosis, cure, mitigation, treatment, or prevention of disease.” Technically, vitamins, minerals, trace elements, amino acids, herbs, or homeopathic remedies are not classified as drugs. However, these substances can have significant effects on physiology and must be used rationally. In this office, we provide nutritional counseling and make individualized recommendations regarding use of these substances in order to upgrade the quality of foods in a patient’s diet and to supply nutrition to support the physiological and biomechanical processes of the human body. Although these products may also be suggested with a specific therapeutic purpose in mind, their use is chiefly designed to support given aspects of metabolic function. Use of nutritional supplements may be safely recommended for patients already using pharmaceutical medications (drugs), but some potentially harmful interactions may occur. For this reason, it is important to keep all of your healthcare providers fully informed about all medications and nutritional supplements, herbs, or hormones you may be taking.

Sale of Nutritional Supplements through Coze Health Medical LLC

You are under no obligation to purchase nutritional supplements from our online services.

As a service to you, we make nutritional supplements available through our website. We purchase these products only from manufacturers who have gained our confidence through considerable research and experience. We determine quality by considering: (1) the quality of science behind the product; (2) the quality of the ingredients themselves; (3) the quality of the manufacturing process; and (4) the synergism among product components. The brands of supplements that we carry in our facility are those that meet our high standards and tend to produce predictable results. While these supplements may come at a higher financial cost than

those found on the shelves of pharmacies or health food stores, the value must also include assurance of their purity, quality, bioavailability (ability to be properly absorbed and utilized by the body), and effectiveness. The chief reason we make these products available is to ensure quality. You are not guaranteed the same level of quality when you purchase your supplements from the general marketplace. We are not suggesting that such products have no value; however, given the lack of stringent testing requirements for dietary supplements, product quality varies widely. If you have concerns about this issue, please discuss them with our staff.

Laboratory Testing Informed Consent

The purpose of lifestyle medicine laboratory testing ordered by Coze Health Medical is to evaluate nutritional, biochemical, or physiological imbalance and to determine any need for medical referral. These lab tests in our office are not intended to diagnose disease. This office utilizes conventional lab tests as well as lifestyle medicine assessment. Lifestyle medicine assessment is designed to assist our doctors and other healthcare providers in finding the underlying causes of your condition. Lifestyle medicine has evolved through the efforts of scientists and clinicians from the fields of clinical nutrition, molecular biology, biochemistry, physiology, conventional medicine, and a wide array of scientific disciplines. Lifestyle medicine evaluates the body as a whole, with special attention to the relationship of one body system to another and the nutrient imbalances and toxic overload that may adversely affect these relationships.